

Global Maternal Health

Problems and Solutions

Can you match up these?

the problems

*Difficulty/lack of access to
healthcare providers and
education about childbearing and
family planning*

*Pre-existing health problems that
increase risks in pregnancy: High
BP, obesity, diabetes, anemia*

Late entry into prenatal care

Unsafe abortions

*Different standards of care from medical
personnel and in hospitals dealing
with complications of pregnancy/delivery*

*Weathering (stress) increasing poor health
outcomes risks*

Bias in medical systems

Substance abuse/addiction

Mental health issues

Severe bleeding after delivery

*Very young girls: forced marriage,
rape, trafficking and pregnancy*

some possible solutions

*Unbiased medical care (changing the
medical education system in the US)*

Access to care before pregnancy

*Supporting funding for global health
initiatives such as the REACH act*

*Substance abuse treatment and
mental health counseling covered
By insurance/medicaid*

Access to prenatal and delivery care

*Access to comprehensive family
planning education - knowledge
and ability to space children at
least 18 months apart*

Long-Acting contraceptives

*Smoking cessation and nutritional
Counseling programs*

*“Bundle” care implementation and
education in hospitals*

*Working to support programs to end
Violence against women and girls*

Training more global healthcare workers